

An Invitation to a Workshop and a Meeting

How to Better Yourself, Better Your Work, and Help Each Other

As I have gotten to know people in Dakar I have noticed many individuals working very hard. When talking with many of you you have said that you would like a better job, to start your own business, or improve the work or business you already have. But you already work many hours so there is little time to focus on this, you don't know what to do next, or you don't have money to start or improve your business.

I have also noticed great talent and potential in people that is not being used. Part of this may be due to your work situation and the economy – but it may also be because you are not recognizing your many natural talents.

Let me ask you a few questions:

1. What do you want out of your life?
2. What would you like to improve or make better?
3. What do you think you are good at doing?
4. What do other people tell you that you are good at doing?

We usually don't take time to ask ourselves these questions. We don't think there is much hope to change situations so we don't even try. But maybe you can better your situation, maybe there is work that better suits you or maybe you could make your current job better - if you used your natural talents more.

Patricia DiVecchio, President, International Purpose:

I am here in Senegal to explore how I can help develop the economy and the people. This is the work I do in the US through a business called, International Purpose in Washington, DC. I help people develop their work so it gives them greater success and a good livelihood.

As a starting point I think we can be of help to each other. I need to learn more about your work situation. This will help me determine how I can best be of help.

We can work together to determine your many talents and skills and how these can be used to better your livelihood. We can also explore ways you can grow as a person to impact your work. Ultimately we can learn from each other.

A Workshop and Meeting: (There will be someone translating from English to French.)

As a way to do this, I would like to invite you to participate in a workshop. Here we will talk together, ask and answer questions, and do some workshop exercises. I will ask for your feedback and we will explore our next step together.

This workshop is two and ½ hours. Everyone will get a tablet for exercises and written handouts to use during the session. You will be asked to continue this work after the workshop and do exercises at home. To attend, it is necessary to be able to read and write in French and understand some English

****Please share this information with others, like yourself, who are also interested in bettering themselves. ****

Register by texting Patricia at 77 206 40 31 with your name and phone number.

Cost, date, time, and location:

Cost: 12500 cfa, coffee or tea and croissants included.

Date: Saturday, April 13, 2013 **Time:** 10 h to 12 h 30

Location: The Gondola Pastry, Ave. George Pompidou and Rue Vincens, Dakar.

I do hope you are interested. I would love to see you participate. We can succeed together.

Regards, Patricia